



FANI
SERGIO
PAULA

LUNES		MARTES		MIERCOLES		JUEVES	
9:30	RECETA DEPORTIVA	9:30	FITNESSTEP	9:30	RECETA DEPORTIVA	9:30	FITNESSTEP
11:00	RECETA DEPORTIVA			11:00	RECETA DEPORTIVA		
16:30	GIMNASIA TERCERA EDAD			16:30	GIMNASIA TERCERA EDAD		
17:30	FITNESSTEP	17:30	FITNESSTEP	17:30	FITNESSTEP	17:30	FITNESSTEP
18:30	FITNESSTEP	18:00	AQUAFITNESS	18:30	FITNESSTEP	18:00	AQUAFITNESS
19:30	ZUMBA	18:30	CARDIO BOX	19:30	ZUMBA	18:30	CARDIO BOX
20:30	GLOBAL TRAINING	19:30	CROSS TRAINING	20:30	GLOBAL TRAINING	19:30	CROSS TRAINING
		19:30	CICLO INDOOR			19:30	CICLO INDOOR
		20:30	CICLO INDOOR			20:30	CICLO INDOOR